



2025 PROVINCIAL CROSS COUNTRY SKI CHAMPIONSHIPS

Races for all Ages & Abilities

February 8-9, 2025

Birch Ski Area

Your event Hosts are Boundary Trails Nordic Club

We welcome you to the 2025 CCSAM Provincial Championships which will take place February 8-9, 2025, in beautiful southern Manitoba. This year Boundary Trail Nordic Club has teamed up with Birch Ski Area to host our Championships on their renowned ski trails that have tested us for many years. You simply won't want to miss this weekend of racing

CONTACT INFORMATION:

General inquiries:

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Registration information:

Karin McSherry, CCSAM Executive Director

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LOCATION:

Ski Birch <https://www.google.com/maps/dir//NW+8-6-7W,+Roseisle,+MB+R0G+1V0/@49.4684944,-98.3810302,14.9z/data=!4m8!4m7!1m0!1m5!1m1!1s0x52c26c9c51f9df17:0xe9235a8c8a9a856d!2m2!1d-98.3835386!2d49.4701665?entry=ttu>

REGISTRATION:

You MUST register online at Zone4: There will be an open rec race on both days that can be registered for onsite.

DEADLINE: WEDNESDAY FEB 5th, MIDNIGHT

Everyone must pre-register online

Rec skiers may register on-site OR pre-register as well

****Early bird registration ends on February 1st, 11:59pm** price increase after the 3rd**

*****Sign up early the weather will be perfect I promise!!**

RACE FORMAT: Saturday Feb 8th: Skate technique, interval start (**north trail**)

Sunday Feb 9th: Classic technique, mass start (waves)(**south trails**)

MB CUP POINTS: All CCSAM Club members earn points for their club based on placing in each race and on the distance travelled to participate. More information on the Manitoba Cup Race Series here: manitoba-cup-race-series

ACCOMMODATIONS: Carman area hotels

BANQUET: **Saturday Awards Pizza and Salad Party** \$20.00 for 12 years old + \$10 for children 11 and under

LOCATION: **Ski Birch Lodge**

RACE DISTANCES & FEES

Non CCSAM Club members add \$5 for each race. We encourage all athletes to race in their respective age categories, however, if you prefer a more casual race experience and want to just dip your toes into the race scene you are encouraged to give the Recreational adult or youth race a go!! race-categories

| CATEGORY | YEAR OF BIRTH | FEES per day | SATURDAY Feb 8 Skate technique INT start | SUNDAY Feb 9 Classic technique Mass start | START TIMES(see details below) |
|-----------------|----------------------|-------------------------|---|--|---|
| Under 8 | 2017-2018 | \$10 | 1km | 1 km | Sat 10:00 Sun 11:00 |
| Under 10 | 2015-2016 | \$10 | 1 km | 1 km | Sat 10:00 Sun 11:00 |
| Under 12 | 2013-2014 | \$15 | 3.5 km | 2.5 km | Sat 10:00 Sun 11:00 |
| Under 14 | 2011-2012 | \$20 | 3.5 km | 2.5km | Sat 10:00 Sun 11:00 |
| Under 16 | 2009-2010 | \$25 | 7 km | 5 km | Sat 10:00 Sun 11:00 |
| Under 18 | 2007-2008 | \$25 | 14 km | 10 km | Sat 10:00 Sun 11:00 |
| Under 20 | 2005-2006 | \$25 | 14 km | 10 km | Sat 10:00 Sun 11:00 |
| U23 | 2004-2002 | \$25 | 14 km | 10 km | Sat 10:00 Sun 11:00 |
| Senior | 1992-2001 | \$25 | 14 km | 10 km | Sat 10:00 Sun 11:00 |

| | | | | | |
|--|----------------|------|--------|--------|------------------------|
| Masters 1-9 (4-year categories starting with 30-34) | 1990 & earlier | \$25 | 14 km | 10 km | Sat 10:00 Sun 11:00 |
| Recreational Adult (15+) | 2010 & earlier | \$10 | 7 km | 5 km | Sat 10:00 Sun 11:00 |
| Recreational Youth (14 and younger) | 2011 & later | \$10 | 3.5 km | 2.5 km | Sat 10:00 Sun 11:00 |

SCHEDULE: Subject to change. Please refer to CCSAM website for updates.

| DATE | TIME | EVENT |
|--|-------------|--|
| February 1st | 23:59 | Early Bird Registration deadline. No on-site registrations accepted. |
| February 5 th | 23:59 | Registration closes No on-site registrations accepted. |
| Saturday, February 8th | 8:00-9:30 | Bib pick up in Chalet |
| | 9:45 | Pre-race meeting at Chalet near start area |
| | 10:00 | Interval start begins (30 sec int), start lists coming soon |
| | 16:30 | Banquet, Awards and Door Prizes |
| | 18:30 | Après Ski |
| Sunday February 9th | 9:00- 10:30 | Bib pick up in Chalet |
| | 10:45 | Pre-race meeting at Chalet near start area |
| | 11:00 | Mass start classic begins, start lists coming soon |
| | ~14:00 | Awards (immediately post race) |

START TIMES: Will be published on Thursday after registration closes

REFUND POLICY: Race fees are not refundable in the event of postponement. Race fees will be refunded, minus an administration fee, if the race is cancelled outright.
A refund of registration fees will only be provided for medical reasons prior to the registration deadline of Feb 5, 2025.
Meal fees are not refundable

WAXING: We suggest you arrive with your skis glide waxed.
Birch has limited wax space and there will be no waxing in the chalet. There will be a utility trailer onsite that will have a few wax benches and a small change room
Please come self-sufficient for waxing – BYO wax form/table,

extension cord etc.

**FLOURO WAXES ARE PROHIBITED AT ALL TIMES FOR BOTH GLIDE AND GRIP
(testing could happen)**

AWARDS: Provincial medal ceremony will take place during Banquet on Saturday at approx. 5pm

Sunday medal ceremony will take place immediately after racing using unofficial results

Provincial medals are awarded to CCSAM Club members in U10 through Master age categories for each race day.
Recreational skiers, U8 & non-CCSAM members are not eligible for Provincial medals.

All participants are eligible for draw prizes, provided by our sponsors, awarded during the Banquet on Saturday and you must be present to win.

VOLUNTEERS:

Many volunteers are needed! Please sign up on the Zone4 registration site. Thank you! Volunteers will be provided with a warm lunch on both days as a Thank You!

FIRST AID: Canadian Nordic Ski Patrol – Red River Division (or other qualified medical personnel will be in attendance.

OUR SPONSORS



Gardenland



Thanks to Cornerstone Vineyard Church and Westside Community Church for PA system and tables/chairs respectively.