



## The Birch Open Skate Race - Saturday Jan. 11, 2025

Presented by the Ski Birch Cross Country Ski Club

**Location:** Ski Birch – near Roseisle Manitoba (**Jan 6<sup>th</sup> revisions in red**)

**Start times:** U10 12:10PM; U12 12:25PM; 10K 1:00PM; 5K 1:01; 5K cyclist/**paddler/triathlete** ski event 1:02PM; **5K classic 1:04**

**Format:** Mass Start Skate technique races on the South trails (**there will be a classic track on the side**)

**Registration – closes Friday, Jan 10 at 11AM:** <https://zone4.ca/register.asp?id=37572>

**Entry Fee:** \$16 per skier. Kids ages 12 and under are free (+ zone4 fees charged).

**Facilities:** The Birch Chalet will be open. Washrooms are available. There will be hot chocolate for all racers ... and for spectators who cheer loudly.

**Food:** You should bring your own food, but food may be available for purchase.

**Refund Policy:** Race fees are refundable if you have a reasonable excuse.

**Waxing:** *Waxing is not allowed inside the clubhouse; so best to do waxing at home*

**Awards:** To keep the costs low, there will not be any awards. Results will be posted on the internet the day after the race and also sent via email to racers.

**First Aid:** Will be available on-site

**Volunteers:** We will need about 5 people for volunteer marshals. Email [steve\\_scoles@hotmail.com](mailto:steve_scoles@hotmail.com) if you can volunteer for an hour or two.

**Course:** South trails – see note below.

**Race Meeting:** a brief race meeting will be held at 12:45 in the chalet for 5K & 10K

**Race Distances and Categories:** Under 10 (2016 and earlier) – 1km, Under 12 (2014 & 2015) – 2 to 3 km, All other ages can choose whether to race 5K or 10K

**Course Note:** We will use a 5K loop on the south trails for over 12.

**Contact:** Steve Scoles, race organizer, [steve\\_scoles@hotmail.com](mailto:steve_scoles@hotmail.com)