

Provincial Development Program Committee Meeting
MEETING MINUTES
Wednesday December 7, 2022
8:00 PM

Present (Zoom): Karin (minutes), Richard, Andrew, Pauline, Megan, Elise, Alex, Jennie, Kristin
Regrets: Raphaël, Mia

1. Approve minutes from last meeting – **MOTION:** to approve the minutes from Nov 2, 2022. Richard.
2nd Pauline. All in favour. Moved.
2. 2022-2023 PDP
 - Mistake in handbook – CWG selection races? – Karin
3. Nordiq Canada Committee updates
 - Domestic Development (Pauline) – still no update from NC
 - CAD Coordinators (Karin)
 - Athlete Advisory (Raph) – no update
4. Events
 - CWG Selection Races
 - 1st preference Birch Ski Area, plan B Kenora. Information out to athletes by this Sunday (Dec 11th)
 - Format Saturday 1pm, skate interval start, 10km both genders
 - Sunday 11am, other technique, interval start 10km both genders
 - All skis waxed equally (just like Provincials)
 - Early Snow camp debrief – Pauline
 - Developmental On Snow camp (for those not on Team Trip) – notice has gone out, coaches are responding.
 - Provincial Sprints in Kenora – Feb 19th, Kings Court format (instead of Frank Symonds)
 - Provincials weekend at Birch (hosted by BTNC)
5. Athlete Development
 - SMB Mental Skills Package update – Pauline – sessions began, with Craig Brown, at the Early Snow Camp (replaced Paige Zaporzan)
 - Nova Biomedical Lactate Plus testing kit update – Karin – purchase deadline moved to Spring 2023.
6. Equipment & Waxing
 - Radios & waxes recently purchased update – Andrew – radios work great!
7. Coach Development – lots of Community Coaches trained this past weekend. Alex & Jennie interested in LF training. Karin to follow up with NC.
8. New Business
9. **PRIOR ACTION ITEMS:**
 - Establish clear and reasonable young athletes “racing up” guidelines (Nationals, Canada Games considerations etc.) – **ALL**
 - Stakeholder meeting in April 2023

Next meetings: 1st Wednesday of each month – Jan 4, Feb 1, Mar 1, Apr 5, May 3, Jun 7

Adjourned: 9:35 PM