

Provincial Development Program Committee Meeting
MEETING MINUTES
Wednesday June 1, 2022
8:00 PM

Present (Zoom): Karin (minutes), Richard, Andrew, Ihor, Pauline, Alex. Megan, Jennie
Regrets: Raphaël, Mia, Elise

1. Approve minutes from last meeting – **MOTION:** to approve the minutes from May 4, 2022. Pauline. 2nd Ihor. All in favour. Passed
2. 2022-2023 PDP
 - Handbook edits – none made yet, work in progress.
 - Raph still on as Athlete Rep? **ACTION:** Karin to find out.
3. Nordiq Committee updates
 - Domestic Development (Pauline) – no update
 - CAD Coordinators (Karin) – Understanding Rule of Two & Safe Sport Training e-learning modules in The Locker will be mandatory for all coaches this year. “Prospect camps” dates coming soon.
4. Events
 - Spring camp update:
 - Draft itinerary emailed out today. **ACTION:** Karin will create Zone4 registration asap.
 - Encourage club coaches to schedule 1000m & 3000m & run, jump, throw tests outside of camp. Save camp time for team building activities, rollerski & other body technique work.
 - Rollerski TTs – NC has 15 on SNS, 35 on NNN
5. Athlete Development
 - PDP Handbook - Athlete Testing discussion. Let’s consult with Nordiq Canada (advice on current, skier specific testing protocols) and Sport MB (what is available, how to access).
 - Sport MB Strength program – 3 more in virtual program, they should spread the word, starting at spring camp. Discussion on what to charge RRN for 2021-22. **ACTION:** Karin to connect with Elise to connect with SMB on program going forward.
 - Mental Skills package with Paige Zaporzan **ACTION:** Pauline email Paige to start this asap.
6. Equipment & Waxing
 - New test fleet discussion. We’ll hold off this year, learn more and purchase for 2023-2024.
7. Coach Development
 - **ACTION:** Let’s try to book Stephen Novosad Sep 24 – Oct 9, or Oct after thanksgiving. LF training, Stakeholder meeting??, testing protocols, training programs, Coach Q&A
 - We need to more CC LF’s (and Comp Int). Alex & Ihor interested in CC. **ACTION:** Karin to get more info from Stephen.
8. New Business
 - Paralympic Biathlete from Ukraine has just arrived to Winnipeg. Ihor has welcomed him into our Nordic family.
9. **PRIOR ACTION ITEMS:**
 - Schedule a PDP facilitated Stakeholder meeting
 - Karin to request NC rollerski fleet for BHP TTs Aug 13 & 24
 - Establish clear and reasonable young athletes “racing up” guidelines (Nationals, Canada Games considerations etc.) – **ALL**
 - HR monitors for athletes, renting NC rollerski fleet for testing/TTs, Training Peaks accounts? – **ALL**
10. Next meeting: Wed July 6th, 2022 7:00 PM

Adjourned: 9:30 PM