



The Birch Challenge Skate Race - Saturday Jan. 11, 2020

Presented by the Ski Birch Cross Country Ski Club & Ulla Glide Wax

Location: Ski Birch – near Roseisle Manitoba

Format: Mass Start Skate technique races.

Entry Fee: \$22 per skier – must pre-register online prior to noon Friday, Jan 10th. Kids under 10 are free and can also sign up the morning of the race (no official times though)

Registration Online: register NOW, but no later than Friday at 9AM

Facilities: Birch has a warm chalet and change areas. All waxing must take place outside the chalet. The garage near the chalet will be available for waxing

MB Cup Points: all CCSAM Club members earn points based on their placings for the MB Cup series.

Food: You should bring your own food and drink. Water is available in chalet. And we will have cookies for all racers.

Refund Policy: Race fees are not refundable in the event of postponement. Race fees will be refunded, minus an administration fee, if the race is cancelled outright.

Backup date: tentatively Jan 18th.

Waxing: *Waxing is not allowed inside the clubhouse.* Waxing will be allowed in the garage near the chalet. For waxing protocol, powders and HF waxes are not allowed. Manitoba-produced Ulla Glide Wax is a fantastic non-flouro wax option!

Awards: To keep the cost lower, there will not be any official awards.

First Aid: Provided by Red River Ski Patrol – thank you!!

Volunteers: We will need about 5 people for volunteer marshals. Email steve_scoles@hotmail.com

Course: We are examining a few options for the race course!

Race Meeting: there is a MANDATORY race meeting at 12:00 noon for all racers doing 5K or more. The course may be slightly different from what you are used to at Ski Birch!

Race Distances and Categories:

Category	Year of Birth	Cost	Distance	Start
U10 G/B	2010 and younger	Free	1K – no times	11:15
U12 G/B	2008 – 2009	\$12	1.5K	11:30
U14 G/B	2006 - 2007	\$22	5K	12:33
U16 G/B	2004 - 2005	\$22	5K	12:33
U18 G/B	2002 - 2003	\$22	10K	12:30
U20 W/M	2000 - 2001	\$22	10K	12:30
Senior	1990 - 1999	\$22	10K	12:30
Master 1	1985 – 1989	\$22	10K	12:30
Master 2	1980 – 1984	\$22	10K	12:30
Master 3	1975 – 1979	\$22	10K	12:30
Master 4	1970 – 1974	\$22	10K	12:30
Master 5	1965 – 1969	\$22	10K	12:30
Master 6	1960 – 1964	\$22	10K	12:30
Master 7	1955 – 1959	\$22	10K	12:30
Master 8	1950 – 1954	\$22	10K	12:30
Master 9	1949 -	\$22	10K	12:30
Citizen	13+ first race	\$12	5K	12: 34

Contact: Steve Scoles, race organizer, steve_scoles@hotmail.com

Registration on zone4.ca: <https://zone4.ca/reg.asp?id=23002>

BIB Pickup closes at 11:30 – if you do not pick up your bib by 11:30, you will not race!

Mandatory Race Meeting for 5K/10K racers: 12:00