



Race Notice MB Provincial Championships/MB Cup #4/5

Hosted by Kenora Nordic & Biathlon Club

Saturday February 8th & Sunday February 9th

Registration: <https://zone4.ca/reg.asp?id=5882> deadline Midnight Thurs Feb 6th

General Information

Location: Kenora Nordic & Biathlon Club and Mt Evergreen

The Kenora nordic trail system is located in Kenora ON, approximately 200km east of Winnipeg. We have over 20 km of beautiful ski trails that offer both classic and skate skiers the chance to experience the magnificent Canadian Boreal Forest. All trails are groomed for classic skiing and almost 7 km of trails also accommodate skate skiing. The Kenora Nordic Trails are suited for all skill levels from beginner to expert.

Visit: <http://www.skikenora.com/cc/trail-information/trail-map/> for a map of our trails

Directions: <http://www.skikenora.com/cc/location-and-driving-directions/>

Coaches Meeting: Friday Feb 7th 8pm @ Mt Evergreen

Bib Pickup: Saturday Feb 8th 9:30am @ Mt Evergreen

**Competitions: Classic Interval Technique starts at 10:00 Saturday Feb 8th
Free Interval Technique starts at 10:00 Sunday Feb 9th**

Race Organizing Committee:

- Chief of Competition: Ursula Wehner**
- Chief of Course: Todd Burkart**
- Chief of Stadium: Tim Wehner**
- Chief of Timing: Ray Boivin**
- Chief of Electronic Timing & Results: Greg Richardson**
- Chief of Venue: Steve Simpson**

contact: kenoranordic12@gmail.com

Awards: Podium presentations (medals 1-3), and random draw bib prizes. Awards for Saturday Feb 8th awarded at the banquet, and Sunday Feb 9th to follow the race at Mt Evergreen

Banquet: Saturday Feb 8th at the Keewatin Curling Club @ 6pm. Meal starting @ 7pm

Course Maps: Available and posted at race site. Course closes Fri @ 8pm for final prep.

Competitive Age Categories

Your competitive age category is based on how old you are as of December 31st in the current competitive season. For example, in 2013 – 2014 your age as of December 31, 2013 is your age for the entire 2013 – 2014 competitive season. Our Competition Model makes it possible for young skiers to compete in categories that are a better match for their development age if not their chronological age. For example, a Midget aged skier may race as a Juvenile whenever the athlete, their parents and coach together determine that to be the most appropriate competitive category. Skiers wanting to race in a category other than their competitive age category must notify Greg Richardson via e-mail by Feb. 6th at midnight at kenoranordic12@gmail.com

Event Categories	Classic (Feb 8th)	Free (Feb 9th)
Atom *FUN RACE Saturday only* (born in 2005 - 2007)	0.4 km	no race
Pewee Girls (born in 2002- 2004)	1.5km	1.5km
Pewee Boys (born in 2001 - 2004)	1.5km	1.5km
Midget Girls (born in 2000 - 2001)	2.5km	2.5km
Midget Boys (born in 1999 - 2000)	2.5km	2.5km
Juvenile Girls (born in 1998 - 1999)	5km	5km
Juvenile Boys (born in 1998)	5km	5km
Junior Girls (born in 1996 - 1997)	5km	7.5km
Junior Boys (born in 1996 -1997)	5km	7.5km
Junior Female (born in 1994 – 1995)	5km	7.5km
Junior Male (born in 1994 - 1995)	12.5km	12.5km
Senior Men/Women (born from 1984 - 1993)	12.5km	12.5km
Master Men/Women (born from 1983 & Earlier)	12.5km	12.5km

Registration Deadline

Registration is to be completed only through <https://zone4.ca/reg.asp?id=5882>. The deadline for registration is February 6th at midnight. NO LATE REGISTRATIONS WILL BE ACCEPTED.

Entry Fees	Price
Atom	\$10 Feb 8th
Pewee	\$20 per day or \$40 both days
Midget	\$25 per day or \$45 both days
Juvenile/Junior/Senior/Master	\$45 per day or \$80 both days
Banquet	\$20 per person 13yrs & up, \$16 for 12 & under

Refund Policy:

If a competition is postponed, competitors who have paid the entry fee will be allowed to compete in the postponed competition without additional charge. If a competitor decides not to compete in the postponed competition, the entry fee will not be refunded. If the event is cancelled the committee will do a partial refund – entry fee minus costs that have been incurred.

Facilities

Mt Evergreen has a multi-level chalet with a cafe, seating area and bathrooms. Change areas will be setup downstairs and waxing facilities will be available on site in the maintenance garage. The parking lot has the capacity for 100 vehicles.

Admission to the trails

Trail Fees are included in the registration fees for race days as well as for training Friday day until 8pm, for athletes, coaches and volunteers. We encourage families to explore the beautiful trail system at Kenora Nordic Trails. A \$8 trail fee is required for all non-racing skiers for the duration of the event.

First Aid

First Aid will be available on site courtesy of the Kenora Nordic Ski Patrol. Medical Facilities are available in Kenora.

Lodging

Accommodations can book up quickly during the tournament season. For complete listing of available accommodations, visit: <http://www.kenora.ca/visiting/plan-your-trip/where-to-stay.aspx>

Banquet

The banquet will be held on Saturday February 8th, at the Keewatin Curling Club located at 932 Front St, Keewatin. Banquet starts at 6pm and meal starting at 7pm. Tickets are \$16 for children 12 and under, \$20 for 13 and up.

Updates

Updated information will be posted on our website at: <http://www.skikenora.com/cc/2014-01-24/2014-mb-provincial-championships-mb-cup-45/>