

# McCreary Ski & Outdoor Club Registration Information for 2012-13 Cross Country Ski Programs

## Bunnyrabbit Program (children 5 years of age and younger)



Bunny Rabbit Program Fees: 8 weeks  
**\$10.00** (club membership free)

The **Bunnyrabbit Program** is the first level of the Active Start stage of development. Program materials include an enrolment kit, a kid-friendly, age-appropriate booklet and skill award stickers. The objective of the program is to introduce cross-country skiing and the healthy lifestyle associated with it through organized activity and active play.

## Jackrabbit Program (children 6-9 years of age)



Jackrabbit Program Fees: 8 weeks  
Club Membership \$10.00  
Program Fee \$12.00 = **\$22.00**

The **Jackrabbit Program** is designed for the “**FUNDamentals**” stage of development. Program materials include an enrolment kit, an age appropriate booklet that provides a comprehensive record of the young skier’s ski career and “technique” and “program” award stickers to chart the different levels of achievement. The objective is for children to learn basic cross-country ski skills (both classic and skating) and to instill a lifelong interest in the sport, thereby enhancing their quality of life and health.

## Track Attack Program (skiers 10-12 years of age)



Track Attack Program Fees: 8 weeks  
Club Membership \$10.00  
Program Fee \$18.00 = **\$28.00**

The **Track Attack Program** is designed for skiers in the '**Learning to Train**' stage of development. Program materials include a program-specific enrolment kit, an age appropriate booklet and coaching materials specific to this stage in the skier development progression. The objective is for the participants to become technically competent cross-country skiers and to utilize those skills to explore a wide range of cross-country ski activities, from backcountry excursions to ski tournaments.

## Teen Racing Team (skiers 12 & up)

**Racing Rocks!** is a Skill Development program dedicated to introducing teens to the fun aspects of competition. (after school) The goal will be trying out for the Parkland Team going to the 2014 Manitoba Winter Games.

Racing Rocks Program Fees: 8 weeks  
Club Membership \$15.00  
Program Fee \$13.00 = **\$28.00**

**Register Deadline: November 1, 2012 (need to order kits ASAP)**

**Register at McCreary Recreation Office: 204 835-2673 or email [mccreary@inethome.ca](mailto:mccreary@inethome.ca)**

**All Programs start December 1st at McCreary Golf & Country Club Ski Park**

**Want to register more than one child then Family Memberships are Available for \$30.00**